



RESILIENCE; 2018

OCTOBER 13th
TONY LUCHETTI SPORTSGROUND & SHOWGROUND
LITHGOW, NSW 2790

FIND US ON FACEBOOK:
[facebook.com/resilience2018](https://www.facebook.com/resilience2018)

RESILIENCE; 2018

WHAT IS RESILIENCE?

In the regional town of Lithgow located two hours west of Sydney NSW, there have been a high number of individuals taking their own life in the past year. A team of current and former residents of Lithgow have now banded together and decided to give back to the community and create Resilience 2018.

Resilience 2018 is a one day festival designed to shed light on services available in the community to reach out to, showcase the range of activities and groups in the area to improve well being and live music featuring a mix of both premium Australian artists along with local talent.

Our vision is to breakdown the barriers and stigma surrounding mental health and suicide prevention, as well as donate money back into the local community to help improve services in the region. There is a need to bring the community closer and support each other through these times and we encourage everyone to get involved.

Reflect, Recover, Live... Resilience!

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MAIN STAGE

TONIGHT ALIVE

21:30 - 22:30

HELLIONS

20:00 - 21:00

CLOWNS

19:00 - 19:40

THE CHATS

MATURE CONTENT

18:00 - 18:40

SHE CRIES WOLF

17:00 - 17:40

FORTAY AT LARGE

MATURE CONTENT

16:00 - 16:40

RED BEE

15:00 - 15:40

HOMESICK

14:00 - 14:40

HANNY J

13:15 - 13:45

EAR PROJECTOR

12:30 - 13:00

QUOLL

11:45 - 12:15

KAZIAH

11:00 - 11:30

SECOND STAGE

BE FACED

21:30 - 22:30

**STU G'S CLOAK &
DAGGER**

20:00 - 21:00

**JIMMI CARR
BAND**

19:00 - 19:40

MADAM FATALE

18:00 - 18:40

K.T.B. PROJECT

17:00 - 17:40

TRACE OF MAGIC

16:00 - 16:40

ACTON WICKENS

15:00 - 15:40

**KALLE
KALKOWSKI**

14:00 - 14:40

SWELL TRIPLEX

13:15 - 13:45

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GETTING AROUND THE FESTIVAL

S1	STAGE 1
S2	STAGE 2
MH	MENTAL HEALTH EXPO
FD	FOOD VENDORS



WHAT ELSE IS ON?

MENTAL HEALTH EXPO

10:15 - 12:15 > MENTAL HEALTH EXPO PRESENTATIONS

1:00 - 1:45 > ADVENTURES OF KYLE AND HARVEY

2:15 - 3:00 > MENTAL HEALTH EXPO PRESENTATIONS

3:30 - 4:30 > NIC NEWLING

WE ARE THE YOUTH

ALL DAY > FACE PAINTING

ALL DAY > THERAPY HORSE

4:00 > CHALK CHASE

TRACE OF MAGIC

1:30 - 2:00 > MAGIC SHOW, BUILDING RESILIENCE

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